

72nd Annual Fall Convention

2023

September 19–21, 2023
Ramkota Hotel, Sioux Falls, SD

Nobody Does it Better



South Dakota
Health Care Association SM

Assisted Living Association SM

Senior Living Association SM



We welcome you to attend the 72nd SDHCA Annual Fall Convention and Exhibit Show to be held September 19 – 21, 2023, at the Ramkota Hotel in Sioux Falls, SD.

Convention Highlights

- Exceptional Education Sessions – enjoy top-notch speakers while earning CEUs
- Exhibit Show – attend the Exhibit Show to view cutting edge products and services during the Wednesday Social and Thursday Exhibit Show
- Awards Lunch – register for the Awards Lunch on Wednesday to honor our many deserving award recipients
- Dining – attend the SDHCA PAC Dinner on Wednesday evening for food, fun and to support our PAC
- Convention app – a Convention app will be available for all attendees to access the schedule, sessions, exhibit information, handouts, etc.

Registration Information

Register for the Annual Fall Convention online by going to www.sdhca.org/education. If you need assistance with registration, please contact the SDHCA Office at 1-800-952-3052 or email sdhca@sdhca.org.

Registration Categories:	Fee	After August 30th
Per Nursing Center – SDHCA Members (up to 5)	\$600.00	\$625.00
Per Assisted Living Center – SDALA Members (up to 3)	\$475.00	\$500.00
SDHCA Corporate Members (up to 4)	\$575.00	\$600.00
SDHCA Associate Member	\$350.00	\$375.00
Non-Member (Individual)	\$900.00	\$950.00
Fee Per Additional Member Attendee	\$55.00	\$55.00
Awards Lunch Ticket	\$25.00	\$25.00

Remember your TEAM when registering. This Convention will benefit all your staff of your center including: SNF Administrators, AL Administrators, DON/MDS/Charge Nurses, Social Services, Activities, Dining, Environmental, and Owners/Operators.

The registration system will only allow individuals from your center to register! Please contact the office to add a new individual from your center into the system before registering. (SNFs & ALCs may not combine registration!)

Cancellation Policy

The last day to register is August 30th. Any cancellation received by August 11th will be refunded minus \$150.00 fee. Refunds will NOT be issued for cancellations after August 30th.

Continuing Education Units

Attendees of the SDHCA Annual Fall Convention can earn up to 12.5 CEUs. The CEUs are approved by the SDBENFA, SD Board of Social Work Examiners, and pending approval from the Academy of Nutrition and Dietetics and the Commission on Dietetics.

Business Meetings

The Administrator and Council Business Meetings will be held on September 19, 2023, from 2:45 – 3:45 PM.

Lodging

SDHCA Block of Rooms at the Ramkota Hotel, Sioux Falls – Reserve by: August 18, 2023 – Rate: \$103.99

SCHEDULE OF EVENTS

TUESDAY, SEPTEMBER 19

1:00–1:30 PM

WELCOME/SPECIAL PRESENTATION

Tatiana Johnson, SDHCA President
Mark B. Deak, SDHCA Executive Director

1:30–2:30 PM

(1.0 CEUs)

OPENING SESSION

Department of Health Long-Term Care Update

Cassandra Deffenbaugh, Administrator, Office of Licensure & Certification, SD DOH

2:45–3:45 PM

BUSINESS MEETINGS – MEMBERS ONLY

Administrator Business Meeting
Activity Council Business Meeting
Dietary Council Business Meeting
Nursing Council Business Meeting
Social Services Business Meeting

4:00–5:30 PM

(1.5 CEUs)

EDUCATION SESSION

If it wasn't for you...ReRefresh ReGroup & ReEngage

Krisie Barron, LSW, Human & Care Partner Specialist, Embrace

WEDNESDAY, SEPTEMBER 20

8:15–9:45 AM

(1.5 CEUs)

CONCURRENT EDUCATION SESSIONS

Leading the Human Experience of Self and Others

Krisie Barron, LSW, Human & Care Partner Specialist, Embrace

Center of Excellence Overview and Behavioral Health F-Tags

Stephanie Smith, MSW, LCSW, Behavioral Health Specialist-Improvement Advisor, Comagine Health

MDS Changes Effective October 1, 2023

Natashia Mason, RN, BSN, President & CEO, Mason Consulting

Lateral Workplace Violence: Creating a Safe Place for Staff and Residents

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

Directors of Nursing Service – Leading the Way in Healthcare (Part One)

Cheryl Boldt, RN, LNHA, Senior Consultant, Maun-Lemke

10:00–11:30 AM

(1.5 CEUs)

CONCURRENT EDUCATION SESSIONS

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Krisie Barron, LSW, Human & Care Partner Specialist, Embrace

Center of Excellence Overview and Behavioral Health F-Tags

Stephanie Smith, MSW, LCSW, Behavioral Health Specialist-Improvement Advisor, Comagine Health

SNF Quality Reporting Program

Natashia Mason, RN, BSN, President & CEO, Mason Consulting

Therapeutic Activity: Meeting the Challenges of a New Generation

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

Assisted Living Survey and Services Review

Jennifer Maeschen, ALC Public Health Advisor, Office of Licensure and Certification, SD DOH

11:30–1:00 PM

AWARDS LUNCH

Honoring the SDHCA/SDALA Award Winners

1:15–2:30 PM

(1.25 CEUs)

KEYNOTE PRESENTATION

It Takes 4 To Tango

Candy Whirley, CSP, Owner, SBG Services

3:00–4:30 PM
(1.5 CEUs)

CONCURRENT EDUCATION SESSIONS

Addressing Mental Health and Substance Use Disorders

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living
Emotional Intelligence

Candy Whirley, CSP, Owner, SBG Services

Show Me the Money...and Other Updates from DHS

Heather Krzmarzick, Director, Long Term Services and Supports, DHS

Greg Evans, Audit Manager, Department of Human Services

Donna Fischer, State Long-Term Care Ombudsman, Long Term Services and Supports, DHS

Michelle Hudecek, Nurse Consultant Program Manager, Long Term Services and Supports, DHS

South Dakota's Infection Prevention Road Trip

Cheri Fast, RN, BSN, CIC, LTC-CIP, HAI Coordinator, Infection Connection, SDFMC

Jess Danko, MS, RRT, LTC-CIP, Program Lead, SD Project Firstline, SDFMC

PBJ Review: Submission Policies and Staffing Star Rating Impact

Amanda Elliott, PBJ Submission Supervisor/Project Consultant, BCG Research

4:30–5:30 PM

EXHIBIT SHOW & SOCIAL RECEPTION

6:00 PM

SDHCA PAC DINNER (DESTINATION TBA)

THURSDAY, SEPTEMBER 21

8:00–9:30 AM

CONCURRENT EDUCATION SESSIONS

(1.5 CEUs)

What's Cooking? Creating A Satisfying Dining Experience

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

South Dakota's Infection Prevention Road Trip

Cheri Fast, RN, BSN, CIC, LTC-CIP, HAI Coordinator, Infection Connection, SDFMC

Jess Danko, MS, RRT, LTC-CIP, Program Lead, SD Project Firstline, SDFMC

Hire the Best & Avoid the Rest

Michael Mercer, Book Author + Business Psychologist + Speaker, Mercer Systems

Directors of Nursing Service – Leading the Way in Healthcare (Part Two)

Cheryl Boldt, RN, LNHA, Senior Consultant, Maun-Lemke

SNF Quality Reporting Program

Natashia Mason, RN, BSN, President & CEO, Mason Consulting

9:30–10:30 AM

EXHIBIT SHOW

10:30–12:00 PM

CONCURRENT EDUCATION SESSIONS

(1.5 CEUs)

MDS Changes Effective October 1, 2023

Natashia Mason, RN, BSN, President & CEO, Mason Consulting

Residents' Rights and Advance Directives

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

PBJ Review: Submission Policies and Staffing Star Rating Impact

Amanda Elliott, PBJ Submission Supervisor/Project Consultant, BCG Research

Hire the Best & Avoid the Rest

Michael Mercer, Book Author + Business Psychologist + Speaker, Mercer Systems

Person Centered Dining and Resident Choice

Diana Weiland, RN, Public Health Advisor, Office of Licensure and Certification, SD DOH

Rachel Landmark, MS, RD, LN, Health Facilities Surveyor, Office of Licensure and Certification, SD DOH

12:00–1:15 PM

EXHIBIT SHOW LUNCH

1:15–2:30 PM

CLOSING SESSION

(1.25 CEUs)

Creating a Happy, Optimistic & Productive Workplace

Michael Mercer, Book Author + Business Psychologist + Speaker, Mercer Systems

EDUCATION SESSIONS

TUESDAY, SEPTEMBER 19

1:30–2:30 PM

OPENING SESSION:

Department of Health Long-Term Care Update

Cassandra Deffenbaugh,
Administrator, OLC, SD DOH

1.0 CEUs (ALC)



The mission of the South Dakota Department of Health, Office of Health Facilities Licensure and Certification is to partner with consumers, families, healthcare providers, healthcare organizations, and other regulatory agencies to ensure the health, safety, and quality care of patients and residents in South Dakota.

At the conclusion of this session, the participants will be able to:

- Be aware of survey activities involving Long-Term Care in South Dakota
- Become familiar with the top 10 deficiencies for nursing homes and assisted living centers
- Become familiar with the Civil Money Penalties (CMP) process and status of projects.

4:00–5:30 PM

EDUCATION SESSION:

If it wasn't for you ... ReFresh ReGroup & ReEngage

Krisie Barron, LSW, Human &
Care Partner Specialist, Embrace

1.5 CEUs (ALC)



It was a long road and although we were all in the same storm we were not in the same boat. We most certainly did not come out to the other side of COVID the same person as we went in. Our unique human experiences required us to do things we never had to do, see things you cannot unsee and feel emotions that do not have words. Today we are going to explore and discuss these things.

At the conclusion of this session, learners will be able to:

- Understand how we as humans move through change and the emotions, reactions, and the impact it has, both good and bad
- Explore how the impact of COVID challenged every value in your human systems and why you sometimes struggle to hurdle the disconnect between what you are required/asked to do, and how you feel about it
- Discover why it is hard to move from contempt to curiosity and learn how to break through and find your way to the next level of connection, communication and meaning in the aftermath of this tumultuous journey

EDUCATION SESSIONS

WEDNESDAY, SEPTEMBER 20

8:15–9:45 AM

EDUCATION SESSION:

Leading the Human Experience of Self and Others

Krisie Barron, LSW, Human & Care Partner Specialist, Embrace

1.5 CEUs (ALC)

As human service professionals we led staff, patients, clients, families, and communities through hard human experiences. As leaders we are given all the policies and procedures that guide our work, but rarely are we given the human skills needed to lead the people who do the work.

At the conclusion of this session, the learners will be able to:

- Experience how our humanness impacts the way we as care providers deliver care. Our human nature must be recognized!
- Gain the tools to transform the way we communicate and gain the skills that empower us to turn hard human experiences into outcomes that serve to make tomorrow better
- What impacts our ability to make changes as humans and how do we identify and move the hurdles out of our way?

EDUCATION SESSION:

MDS Changes Effective October 1, 2023

Natashia Mason, RN, BSN, President & CEO, Mason Consulting

1.5 CEUs



April 3, 2023, CMS released the final MDS 3.0 Item Sets and the draft RAI manual. The final MDS item sets have undergone many changes that will impact facility operations relating to the need for policy updates and procedures, changes to forms and processes, and staff training. This session will cover the changes to the MDS 3.0 Item Sets, changes to the draft RAI manual, application of RAI guidance to item sets, and application of changes to facility operations.

After attending this session, the participants will be able to:

- Understand the final changes to the MDS 3.0 item sets effective October 1, 2023
- Understand the changes to the draft RAI manual (will become final changes if it is published before September)
- Apply RAI guidance to the MDS item sets, with coding examples
- Understand action steps facilities can take to implement those changes

EDUCATION SESSION:

Center of Excellence Overview and Behavioral Health F-Tags

Stephanie Smith, MSW, LCSW, Behavioral Health Specialist-Improvement Advisor, Comagine Health

1.5 CEUs

In 2022, CMS revised the State Operations Manual regulations to include several new and updated F-Tags related to assessing and meeting residents Behavioral Health (BH), Substance Use (SUD), and Trauma needs within Certified Nursing Homes. Comagine Health is a partner with Alliant Health Solutions on The Center of Excellence for Behavioral Health in Nursing Facilities (COE-NF); a CMS and SAMHSA grant funded program, with the goals of being the resource hub to help CMS certified nursing facilities meet the growing behavioral health needs of their population through free trainings, resources, and individualized technical assistance with Regional Behavioral

Specialists. This presentation will cover regulatory updates that pertain to BH and SUD as well as tools and resources available for skilled nursing facilities.

At the conclusion of this session, the participants will be able to:

- Define the Center of Excellence for Behavioral Health in Nursing Facilities objectives and goals
- Learn about resources provided by the COE-NF and assessments for BH and SUD efforts in nursing facilities
- Understand the Federal Behavioral Health F-Tag Regulatory updates impacting nursing facilities

EDUCATION SESSION:

Lateral Workplace Violence: Creating a Safe Place for Staff and Residents

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

1.5 CEUs (ALC)

The trauma associated with COVID-19 Pandemic has been identified as the primary contributor to the deterioration in social behavior. Studies suggest that the isolation imposed by the pandemic has caused us to be less sensitive to others. In an industry challenged by insufficient resources, the resulting frustration and tension create the ideal environment for violence to occur. This session will define lateral workplace violence and identify trauma-informed approaches to minimize the potential for violence to occur.

At the conclusion of this session, the participants will be able to:

- Define lateral violence
- Identify methods to create a safe environment
- Discuss coping and stress reduction interventions
- Create a safe, comfortable, and satisfying environment for everyone living and working in the community

EDUCATION SESSION:

Directors of Nursing Service – Leading the Way in Healthcare (Part 1)

Cheryl Boldt, RN, LNHA, Senior Consultant, Maun-Lemke

1.5 CEUs



As a Director of Nursing, you may feel the day hits you in the face the minute you walk in the door! In today's tech world of communication, you may also feel you never "get away" from work. Often your day manages you rather than the other way around.

Be encouraged to know that it is possible to minimize chaos through proactive leadership. As the leader of many and role model to all, it is possible to embrace and enjoy identifying and implementing the strategies needed for great clinical and customer satisfaction outcomes in the long-term healthcare setting.

Your effectiveness in the role of Director of Nursing directly impacts the quality of care and quality of life of those very important individuals who call your "community" home. It is possible to become a "Master at Leading the Way" and teach others to do the same!

Please join us for this fun and informative two Part Session!

At the completion of the Part 1 session, the attendees will be able to:

- Take steps to strengthen your personal leadership skills and habits
- Implement a Problem = Solution Policy and “Instant Remedies” to support a positive work environment that is solution oriented
- Understand early detection to mitigate possible deficiencies
- Implement “Come with Me” Strategies for Conflict Management
- Implement the “Five Step” approach to effectively take on internal/external customer concerns

10:00–11:30 AM

EDUCATION SESSION:

Leading the Human Experience of Self and Others

Krisie Barron, LSW, Human & Care Partner Specialist, Embrace

1.5 CEUs (ALC)

As human service professionals we led staff, patients, clients, families, and communities through hard human experiences. As leaders we are given all the policies and procedures that guide our work, but rarely are we given the human skills needed to lead the people who do the work.

At the conclusion of this session, the learners will be able to:

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Stephanie Smith, MSW, LCSW, Behavioral Health Specialist-Improvement Advisor, Comagine Health

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At the conclusion of this session, the participants will be able to:

- Define the Center of Excellence for Behavioral Health in Nursing Facilities objectives and goals
- Learn about resources provided by the COE-NF and assessments for BH and SUD efforts in nursing facilities
- Understand the Federal Behavioral Health F-Tag Regulatory updates impacting nursing facilities

EDUCATION SESSION:

SNF Quality Reporting

Natashia Mason, RN, BSN,
President & CEO, Mason
Consulting

1.5 CEUs

The SNF Quality Reporting Program collects data through three different methods: the Minimum Data Set (MDS) 3.0, NHSN, and Medicare Fee-For-Service Claims. This session will cover the SNF QRP measures, the method used to collect the measures, how the measures are calculated, and the reporting timeframes for data collection. This session will also explore best practices to ensure all information is collected and reported on time.

At the conclusion of this session, the participants will be able to:

- Understand new QRP Measures implemented October 1, 2023
- Understand how QRP Measures are calculated
- Understand data methods used to calculate QRP Measures

EDUCATION SESSION:

Assisted Living Survey and Services Review

Jennifer Maeschen, ALC Public
Health Advisor, Office of
Licensure and Certification, SD
DOH

1.5 CEUs (ALC)



This collaborative session will be presented by the SD DOH Office of Licensure and Certification nurse advisor for assisted living centers. Topics relating to assisted living will be reviewed including areas of concern identified during surveys, additional services provided, and the requirements or additional considerations related to those, and discharge planning requirements. The goal of this session is to offer an opportunity for questions and have open discussions specific to the assisted living setting.

At the conclusion of this session, the participants will be able to:

- Discuss areas of concern or deficiencies identified during survey
- Review additional services and training or requirements related to them
- Discuss types of residents served in ALCs and meeting their needs
- Review discharge planning rules

EDUCATION SESSION:

Therapeutic Activity: Meeting the Challenges of a New Generation

Barbara Speedling, Quality of Life
Specialist, Innovations for Quality
Living

1.5 CEUs (ALC)



This interactive program is designed to provide caregivers involved in facilitating therapeutic activity and behavioral interventions with ideas and strategies for satisfying the needs of a rapidly changing population. Discussion is focused on developing a team approach to the provision of meaningful activity and the benefits of a well-coordinated, interdisciplinary program of activity designed to engage and divert, particularly in cases where challenging behaviors are being addressed.

This conversation provides professional caregivers with a framework for developing an assessment process that results in a deeper understanding of what motivates someone to do what they do. With greater understanding comes a more focused, personalized care plan to accommodate the complicated needs of every individual.

At the conclusion of this session, the participants will be able to:

- Understand the revised Federal regulations on activities and behavioral health and how they apply to therapeutic activity services
- Define the elements of “meaningful” as they apply to the changing demographic in long term care
- Achieve true “culture change” through the creation of environments in which meaningful activity is central to the well-being and daily routine of each resident

1:15–2:30 PM

KEYNOTE SESSION:

It Takes 4 To Tango

Candy Whirley, CSP, Owner,
SBG Services

1.25 CEUs (ALC)



In *It Takes 4 To Tango*, this speaker has two meanings when it comes to her “4”. The first meaning...she will take you through her 4 C’s of Leadership which are the importance of Confidence, Communication, Creativity, and Change in the workplace. The second meaning...you will go on a brilliant exploration of personality styles that will make you think, laugh, even dance...and recognize your true self and others. This speaker gets participants up and out of their seats and networking with other...ANIMALS (Chameleon, Lion, Lamb, or Owl) just like them! This is an open and honest way for all the personalities to hear from one another about how to communicate better with other Animals, how to motivate them and which ANIMAL drives them the craziest and why...WITHOUT A TEST!

At the conclusion of this session, the attendees will have these take aways:

- Understand filters (your brain tape recorder) and be more confident about who you are as a leader
- Learn 4 EASY communication steps to giving feedback...the good, the bad, and the ugly
- Cultivate creative problem-solving techniques...like brainstorming 26 new ideas in 2 minutes
- Learn to STOP treating people like YOU want to be treated and treat them like THEY want to be treated

3:00–4:30 PM

EDUCATION SESSION:

Addressing Mental Health and Substance Use Disorders

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

1.5 CEUs (ALC)

The Federal regulations on Trauma-Informed care introduced a new focus on ensuring long-term care staff are prepared to address a broader variety of behavioral health needs. Included are requirements for staff skill and competency in providing care to individuals diagnosed with post-traumatic stress disorder (PTSD), substance and alcohol use disorders, and related conditions like depression and anxiety. The COVID-19 Pandemic has added additional urgency to this need for staff education and training. National studies reveal a significant increase in adverse behavioral health conditions, including symptoms

of anxiety and depression, or increased substance use to cope with stress or emotions related to COVID-19 in many communities.

After attending this session, the participants will be able to:

- Explain the intent of Federal regulations relative to trauma-informed care and behavioral health
- Recognize and appropriately respond to the signs and symptoms of mental health and substance use disorders
- Access effective programs and services to support healing and recovery across a broad demographic

EDUCATION SESSION:

Show Me the Money...and Other Updates from DHS

Heather Krzmarzick, Director,
Long Term Services and
Supports, DHS
Greg Evans, Audit Manager,
Department of Human Services
Donna Fischer, State Long-Term
Care Ombudsman, Long Term
Services and Supports, DHS
Michelle Hudecek, Nurse
Consultant Program Manager,
Long Term Services and
Supports, DHS

1.5 CEUs (ALC)



EDUCATION SESSION:

Emotional Intelligence

Candy Whirley, CSP, Owner,
SBG Services

1.5 CEUs (ALC)

The Department of Human Services will discuss a variety of topics of interest to providers, not just about the money! Specifically, assisted living and nursing home providers might find the transfer/discharge notification process helpful. The nursing home rate methodology, along with any recent updates after implementation on July 1st, will be discussed. In addition, this session will review the case mix review process and Section S of the MDS, which will streamline some of the extraordinary care and add-pay program, which will start October 1st, 2023. Please join us to learn more.

At the conclusion of this session, the attendees will be able to:

- Discuss the regulations for transfer/discharge
- Review online reporting process to the Ombudsman program for transfer/discharge notices
- Have an increased awareness of new South Dakota Section S items that will help streamline the Add-Pay renewal process
- Gain knowledge on the case-mix validation process changes with the transition from RUGs III to PDPM nursing component case-mix groups
- Understand the change on the Facility Resident Census Status Report with the transition from RUGs III to PDPM nursing component case-mix groups
- Review the nursing facility rate methodology and share any updates since implementation

Have you ever had someone know just what buttons to push! We all have...that's why this speaker loves to teach folks how to get their emotions under control. In this breakout session, you will laugh and learn about your emotions and how to CALM DOWN without someone saying, "Calm Down!" We will analyze your emotions by exploring what aggravates you by knowing exactly what tics you off! Then we will discuss how to manage the obstacles so you can choose your emotions by being proactive NOT reactive. By the end of this session, you will be able to recognize the emotions in people who are not like you! Simple...right?

At the conclusion of this session, the attendees will have these take aways:

- Know your emotions so you can be PROACTIVE not reactive
- Manage your emotions with the speaker's 3 step process that you can use the second you leave the convention in any situation
- Learn to choose your emotions in unpredictable situations
- Recognize the personality differences and the emotional characteristics so you can effectively work with people who are NOT like you
- Know how to get refreshed and restored with a bit of chair yoga

EDUCATION SESSION:

South Dakota's Infection Prevention Road Trip

Cheri Fast, RN, BSN, CIC, LTC-CIP, HAI Coordinator, Infection Connection, SDFMC
Jess Danko, MS, RRT, LTC-CIP, Program Lead, SD Project Firstline, SDFMC

1.5 CEUs (ALC)



Come along on an infection prevention road trip across South Dakota! In this adventure across South Dakota, we will provide you with not only visuals on infection prevention challenges in healthcare facilities but will provide you with an infection control activity that you can utilize in your facility that will improve staff critical thinking skills related to infection control and prevention. Be prepared to "experience" infection control from a whole new perspective as you unravel the mystery of infection control and prevention!

At the conclusion of this session, the participants will be able to:

- Be aware of routine environmental practices that impact resident/staff safety
- Understand the basics of infection control and safety
- Be able to solve the infection control mystery using a team effort, clues, and critical thinking skills

EDUCATION SESSION:

PBJ Review: Submission Policies and Staffing Star Rating Impact

Amanda Elliott, PBJ Submission Supervisor/Project Consultant, BCG Research

1.5 CEUs



This course will discuss the Payroll Based Journal submission requirement by The Centers for Medicare and Medicaid Services and the ways in which the staffing data are utilized. We will cover the technical requirements of submitting hours for PBJ reporting as well as the policies defined within the manual to help promote accurate and compliant PBJ data submissions. This course will help deepen the understanding of the methodologies used in the staffing star rating calculation, turnover measures, and other hour publications on the Care Compare website. Additionally, this course will help strengthen validation techniques as well as best facility practices related to capturing and submitting worked hours for PBJ submission.

At the conclusion of this session, the participants will be able to:

- Outline the Payroll Based Journal Submission technical requirements
- Discuss CMS regulations and policies for submitting PBJ hours
- Understand the calculations and methodologies behind the published turnover rates and staffing star rating
- Identify validation techniques and best practices for PBJ reporting

VISIT THE EXHIBITS TOMORROW IN THE EXHIBIT HALL

9:30 – 10:30 AM

12:00 – 1:15 PM

EDUCATION SESSIONS

THURSDAY, SEPTEMBER 21

8:00–9:30 AM

EDUCATION SESSION:

What's Cooking? Creating A Satisfying Dining Experience

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living

1.5 CEUs

In 2017, CMS introduced the Rules of Participation (ROP) outlining the vast revisions to the Federal regulations for skilled nursing facilities. These changes focused attention on residents' rights, expanding the requirements for capacity determinations and introducing new regulatory expectations in areas concerned with quality of life and quality care. In the face of so many losses, food remains the last domain of pleasure for many residents. This session explores the practical clinical and psychosocial approaches to creating a dining experience residents will anticipate and enjoy.

At the conclusion of this session, the attendees will be able to:

- Explain the regulatory expectations for quality of life and psychosocial well-being
- Develop dining practices that provide both nutritional value and a satisfying dining experience
- Create staff education and training programs that promote dining as central to daily quality of life, socialization, and resident satisfaction

EDUCATION SESSION:

South Dakota's Infection Prevention Road Trip

Cheri Fast, RN, BSN, CIC, LTC-CIP, HAI Coordinator, Infection Connection, SDFMC
Jess Danko, MS, RRT, LTC-CIP, Program Lead, SD Project Firstline, SDFMC

1.5 CEUs (ALC)

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- Be able to solve the infection control mystery using a team effort, clues, and critical thinking skills

EDUCATION SESSION:

Hire the Best & Avoid the Rest

Michael Mercer, Book Author +
Business Psychologist +
Speaker, Mercer Systems

1.5 CEUs (ALC)



In this session, the speaker will show you how to consistently and scientifically hire “Superstar” employees who are both (1) Highly Productive and (2) Low Turnover. This presentation is based partly on his 3rd book which has been a #1 Best-Seller book on hiring in Canada and the United States.

Our profession needs a larger workforce, and we need to keep them. Come sit back, listen, and learn the techniques!

At the conclusion of this session, the participants will learn:

- 5 Step Method to scientifically & consistently hire “Superstar” employees
- 3 Types of pre-employment tests – proven superb at forecasting applicants’ success
- Polite interrogations – (oops! I mean fantastic In-Depth Interviews)
- 4 Legal Rules
- 1 Amazing way to make sure applicants never lie to you

EDUCATION SESSION:

Directors of Nursing Service – Leading the Way in Healthcare (Part 2)

Cheryl Boldt, RN, LNHA, Senior
Consultant, Maun-Lemke

1.5 CEUs

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Be encouraged to know that it is possible to minimize chaos through proactive leadership. As the leader of many and role model to all, it is possible to embrace and enjoy identifying and implementing the strategies needed for great clinical and customer satisfaction outcomes in the long-term healthcare setting.

Your effectiveness in the role of Director of Nursing directly impacts the quality of care and quality of life of those very important individuals who call your “community” home. It is possible to become a “Master at Leading the Way” and teach others to do the same!

Please join us for this fun and informative Part 2 Session!

At the completion of the Part 2 session, the attendees will be able to:

- Evaluate and make the needed changes to assure an effective team-based shift interchange process and shift huddles
- Implement at least 3 strategies that will help reduce early turnover in the first 90 Days of employment
- Take steps to reinforce the role and responsibilities of the frontline nurse as supervisor

EDUCATION SESSION:

SNF Quality Reporting

Natashia Mason, RN, BSN,
President & CEO, Mason
Consulting

1.5 CEUs

The SNF Quality Reporting Program collects data through three different methods: the Minimum Data Set (MDS) 3.0, NHSN, and Medicare Fee-For-Service Claims. This session will cover the SNF QRP measures, the method used to collect the measures, how the measures are calculated, and the reporting timeframes for data collection. This session will also explore best practices to ensure all information is collected and reported on time.

At the conclusion of this session, the participants will be able to:

- Understand new QRP Measures implemented October 1, 2023
- Understand how QRP Measures are calculated
- Understand data methods used to calculate QRP Measures

VISIT THE EXHIBITS IN THE EXHIBIT HALL

10:30–12:00 PM

EDUCATION SESSION:

MDS Changes Effective October 1, 2023

Natashia Mason, RN, BSN,
President & CEO, Mason
Consulting

1.5 CEUs

April 3, 2023, CMS released the final MDS 3.0 Item Sets and the draft RAI manual. The final MDS item sets have undergone many changes that will impact facility operations relating to the need for policy updates and procedures, changes to forms and processes, and staff training. This session will cover the changes to the MDS 3.0 Item Sets, changes to the draft RAI manual, application of RAI guidance to item sets, and application of changes to facility operations.

After attending this session, the participants will be able to:

- Understand the final changes to the MDS 3.0 item sets effective October 1, 2023
- Understand the changes to the draft RAI manual (will become final changes if it is published before September)
- Apply RAI guidance to the MDS item sets, with coding examples
- Understand action steps facilities can take to implement those changes

EDUCATION SESSION:

Residents' Rights and Advance Directives

Barbara Speedling, Quality of Life
Specialist, Innovations for Quality
Living

1.5 CEUs

In 2017, CMS introduced the Rules of Participation (ROP) outlining the vast revisions to the Federal regulations for skilled nursing facilities. These changes focused attention on residents' rights, expanding the requirements for capacity determinations and introducing new regulatory expectations in areas concerned with quality of life and quality of care. While dementia remains a dominant concern, approximately one-fourth of newly admitted residents have a chronic mental disorder requiring services distinct from memory care. This session explores the practical clinical and psychosocial planning necessary to achieve both compliance and quality.

After attending this session, the participants will be able to:

- Explain the intent of the Federal regulations relative to Residents' Rights and Advance Directives
- Develop policies and procedures to ensure residents are provided every opportunity to exercise their rights in decision-making relative to their care
- Create staff education and training programs that ensure understanding of the facility's responsibilities relative to Residents' Rights and Advance Directives

EDUCATION SESSION:

PBJ Review: Submission Policies and Staffing Star Rating Impact

Amanda Elliott, PBJ Submission Supervisor/Project Consultant, BCG Research

1.5 CEUs

This course will discuss the Payroll Based Journal submission requirement by The Centers for Medicare and Medicaid Services and the ways in which the staffing data are utilized. We will cover the technical requirements of submitting hours for PBJ reporting as well as the policies defined within the manual to help promote accurate and compliant PBJ data submissions. This course will help deepen the understanding of the methodologies used in the staffing star rating calculation, turnover measures, and other hour publications on the Care Compare website. Additionally, this course will help strengthen validation techniques as well as best facility practices related to capturing and submitting worked hours for PBJ submission.

At the conclusion of this session, the participants will be able to:

- Outline the Payroll Based Journal Submission technical requirements
- Discuss CMS regulations and policies for submitting PBJ hours
- Understand the calculations and methodologies behind the published turnover rates and staffing star rating
- Identify validation techniques and best practices for PBJ reporting

EDUCATION SESSION:

Hire the Best & Avoid the Rest

Michael Mercer, Book Author + Business Psychologist + Speaker, Mercer Systems

1.5 CEUs (ALC)

In this session, the speaker will show you how to consistently and scientifically hire "Superstar" employees who are both (1) Highly Productive and (2) Low Turnover. This presentation is based partly on his 3rd book which has been a #1 Best-Seller book on hiring in Canada and the United States.

Our profession needs a larger workforce, and we need to keep them. Come sit back, listen, and learn the techniques!

At the conclusion of this session, the participants will learn:

- 5 Step Method to scientifically & consistently hire "Superstar" employees
- 3 Types of pre-employment tests – proven superb at forecasting applicants' success
- Polite interrogations – (oops! I mean fantastic In-Depth Interviews)
- 4 Legal Rules
- 1 Amazing way to make sure applicants never lie to you

EDUCATION SESSION:

**Person Centered Dining
and Resident Choice**

Diana Weiland, RN, Public Health
Advisor, Office of Licensure and
Certification, SD DOH
Rachel Landmark, MS, RD, LN,
Health Facilities Surveyor, Office
of Licensure and Certification, SD
DOH

1.5 CEUs



Food and dining are a deep-rooted part of individualized care and self-directed living in long term care. Our dietary service and department personnel are important to the resident's quality of care and quality of life.

At the conclusion of this session, the participants will be able to discuss:

- Balancing quality of care and quality of life in the dining experience, the regulations do support it
- International Dysphagia Diet Standardization Initiative (IDDSI)
- Resident Choice
- Documenting resident choice and the survey process
- Update on federal regulations and state rules

1:15–2:30 PM

CLOSING SESSION:

**Creating a Happy,
Optimistic & Productive
Workplace**

Michael Mercer, Book Author +
Business Psychologist +
Speaker, Mercer Systems

1.25 CEUs (ALC)

You will benefit by attending this immediately useful, practical, and interactive presentation!

Your presenter – Dr. Michael Mercer – wrote the books “Hire the Best & Avoid the Rest™,” “Absolutely Fabulous Organizational Change™” and “Spontaneous Optimism.” Wall Street Journal, Forbes, and other business publications quote Dr. Mercer. Plus, Dr. Mercer has delivered hundreds of presentations at companies, associations, and conferences.

You will learn fast, practical ways you can be more optimistic, plus quick ways to help your employees feel wonderfully optimistic. Discover how to create a workplace where your employees cherish you are their boss, and your employees love being hard working + productive.

At the conclusion of this session, the participants will learn:

- 5 quick & effective techniques to instantly boost your optimism
- 2 best methods to encourage employees to vastly increase productivity
- 4 ways you can get your employees to be consistently optimistic
- Create a fabulous work atmosphere that results in high productivity + low turnover
- 6 illness patterns your employees will avoid by being optimistic
- 2-Step method to make your employees cherish working for you

72ND ANNUAL SDHCA FALL CONVENTION

Exhibit Show

Wednesday, September 20th

Exhibit Social Reception

4:30 – 5:30 PM

Thursday, September 21st

Break

9:30 – 10:30 AM

Lunch

12:00 – 1:15 PM



South Dakota
Health Care Association_{SM}

Assisted Living Association_{SM}

Senior Living Association_{SM}

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