



NORTH CENTRAL SOCIETY
FOR POST-ACUTE AND
LONG-TERM CARE MEDICINE

Annual Seminar

April 17, 2024

Ramkota Hotel
3200 W Maple Street
Sioux Falls, SD

Medical Directors Schedule

Wednesday
April 17, 2024
Jefferson Room

7:30 AM - 7:50 AM
Registration - Breakfast

7:50 AM
Welcome - Dr. Berg

8:00 AM - 8:30 AM
“AMDA PALTC Updates”
Rajeev Kumar, MD, CMD, FACP,
AMDA PALTC President

In this session, Dr. Kumar will review the latest clinical, policy, and education issues that the Society has been addressing.

After attending this session, the participants will be able to:

- ◆ List the top AMDA Society priorities for 2024-25
- ◆ Identify opportunities for advocacy at the state and national level
- ◆ Describe the benefit of AMDA membership to PALTC providers

8:30 AM - 9:30 AM
“Geriatric Syndromes in PALTC”
Rajeev Kumar, MD, CMD, FACP,
AMDA PALTC President

In this session, Dr. Kumar will enumerate the common geriatric syndromes in PALTC and explore the many ways to prevent and ameliorate them by deep diving into pathophysiology of these syndromes and utilizing comprehensive geriatric assessments to identify them at the earliest point possible.

Many practitioners are not aware of the benefits of a comprehensive geriatric assessment and its role in identifying and treating the many geriatric syndromes that affect our PALTC population. This session will familiarize the attendees with comprehensive geriatric assessments and the diagnostic criteria for geriatric syndromes.

At the conclusion of this presentation, the attendees will be able to:

- ◆ Perform comprehensive geriatric assessments
- ◆ Utilize comprehensive geriatric assessments to screen PALTC residents for geriatric syndromes
- ◆ Diagnose and treat geriatric syndromes in PALTC

9:30 AM - 9:45 AM
Break

9:45 AM - 10:45 AM
“Age and Dementia Friendly Healthcare in Nursing Homes: A QAPI Opportunity”
Donald Jurivich, DO, Professor
and Chairman, UND Geriatrics
Department

In this session, Dr. Jurivich introduces how evidence-based geriatric practices can be applied through a newly developed framework of health care that reliably applies the Geriatric 4 M’s of What Matters Most, Mentation, Medication, and Mobility.

This presentation addresses opportunities for primary care providers and nursing home medical directors to

consistently implement better care for older adults living in long term care through the Age Friendly paradigm. The implementation of Age Friendly Health Care is proven to reduce costs and improve quality of health care.

At the conclusion of this session, the attendees should be able to:

- ◆ Report the Age Friendly Health Care model
- ◆ Create an action plan for their Nursing Home to achieve Age Friendly certification by IHI
- ◆ Identify and pursue QAPI opportunities linked to the Age Friendly Health Care framework

10:45 AM - 11:45 AM
“Hospice in Post-Acute and Long Term Care Medicine”
Priscilla Bade, MD, CMD,
Geriatrician, Monument Health

In this session, Dr. Bade will discuss the benefits of hospice care in post-acute and long term care facilities. Terminal illness is often accompanied by distressing symptoms and may cause distress for residents, families, and caregivers. Hospice services can be beneficial to alleviate these symptoms but may be underused in post-acute and long term care settings.

In this session, the speaker will discuss the benefits of hospice care, the regulatory requirements associated with hospice care, and how hospice staff coordinates with long term care staff.

At the conclusion of this session, the attendees will be able to:

- ◆ Describe the benefits of enrollment in hospice services
- ◆ Describe eligibility requirements for admission to hospice services
- ◆ Identify residents who are eligible and need hospice care
- ◆ Describe what services may not be covered by the Medicare hospice benefit

Please visit the NCSPALTC Exhibits in the lobby during breaks!

11:45 AM - 1:00 PM
Conference Room

NCSPALTC LUNCHEON -

- ◆ **Business Meeting**
- ◆ **Elections**

1:00 PM - 2:30 PM

“Quality Improvement and Strategic Planning Within Health Care Systems”

Natasha Green, MBA, RN, CMS Quality Improvement Director, Quality Health Associates

This session will provide an overview of quality improvement efforts and how they affect providers, how to conduct a QAPI project, the role of strategic planning and its alignment with QAPI, and how to prioritize initiatives using prioritization tools.

The techniques in this session will focus on process improvement and how to apply it to health care based systems to improve patient and provider outcomes.

At the conclusion of this presentation, the participants should be able to:

- ◆ Understand the role of Quality Improvement-Innovation Networks and how they affect providers
- ◆ Define Quality Assessment and Performance Improvement (QAPI)
- ◆ Discuss at least three QAPI features
- ◆ Define Strategic Planning and its role with QAPI during and after the COVID Pandemic
- ◆ Discuss tools used for prioritizing quality improvement/performance improvement initiatives

2:30 PM - 3:00 PM
Break

NCSPALTC is requesting 6.5 credit hours.

Determination of credit(s) is pending.

3:00 PM - 4:30 PM

“Maximizing the Impact of Medical Directors in Nursing Homes”

*Victoria Walker, MD, CMD, FAAFP, Avel eCare Senior Care
Diana Weiland, RN, Public Health Advisor, Office of Lic. & Certification, SD DOH*

This session will explain the role of the medical director in a nursing home and explore how to effectively engage the medical director in the leadership team. This session will discuss the responsibilities of a medical director, such as supervising medical staff, providing input to policy, reviewing, and participating in quality assurance, and providing oversight to safety and risk

management, particularly around safe prescribing.

This session will discuss antimicrobial resistance and how this remains a serious threat to residents, and the role nursing homes, and medical directors have in addressing this issue. Medical directors and long term care staff need an accurate understanding of regulatory expectations and practical tools to partner with leadership to impact change at the facility level.

This session will engage medical directors in stewardship programs leveraging the QAPI program to optimize prescribing patterns. Strong partnership and effective communication are necessary to accomplish these standards.

At the end of this session, the participants should be able to:

- Identify roles at the nursing home that should be regularly collaborating with medical director and the communication necessary
- Identify standard of care for antipsychotic prescribing and apply tools for evaluating
- Recommend specific quality tools for problem definition and encourage use of PDSA cycle for performance improvement projects
- Understand the regulations regarding the medical director role and responsibilities

Medical Director Speakers

Rajeev Kumar, MD, CMD, FACP, is the Chief Medical Officer for Symbria in Warrenville, IL. He is the incoming President of AMDA: The Society for Post-Acute and Long-Term Care Medicine. He primarily provides medical direction to several facilities. He has served as a State President for the Illinois Medical Directors Association. He is Certified in Internal Medicine, Geriatric Medicine, and Hospice and Palliative Medicine.

Donald Jurivich, DO, is a Professor and Chairman of the Department of Geriatrics at the University of North Dakota in Grand Forks, ND. He is one of nine Geriatric Department Chairpersons in the US. He is the UND Associate Program Director of the Geriatrics Fellowship Program and past Director of Graduate Med Ed in Geriatrics at UND. He is a staff physician at Sanford Health in Fargo and Consultant for Quality Health Associates in Minot, ND.

Priscilla Bade, MD, CMD, is a Geriatrician and Staff Physician at Monument Health in Rapid City, SD. She is a Medical Director at Home and Hospice of the Hills and Good Samaritan St Martin Village. She is board certified in Internal Medicine and Geriatric Medicine. She is a Certified Medical Director and certified in Hospice and Palliative Medicine.

Natasha Green, MBA, RN, is the Quality Improvement Program Director for Quality Health Associates of ND. She provides leadership and guidance for multiple large and small scale quality improvement

programs and projects. Prior to this position, she served as the Great Plains Regional Lead to the Partnership to Advance Tribal Health Regional. She has over 15 years of experience working in a variety of settings including the hospital, emergency department, long term care, and performance improvement.

Victoria Walker, MD, CMD, FAAFP, is the Medical and Clinical Officer Family Medicine for Avel eCARE Senior Care in Sioux Falls, SD. Prior to this position, she was Vice President of Medical Services and Quality for the Evangelical Lutheran Good Samaritan Society. Dr. Walker is a Certified Medical Director. She also provided medical direction to the geriatric program at the Human Services Center. She is Chair of the AMDA Public Policy Committee, and a member of the AMDA Committee on Telemedicine.

Diana Weiland, RN, is the Public Health Advisor for Long Term Care for the Office of Licensure and Certification Program with the SD Department of Health. She has over 37 years' experience in a variety of health care settings including leadership positions in hospitals and long term care settings prior to joining the SD Department of Health.



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